

**Connecticut River Frostbite  
Squadron at Essex, Inc  
Fall Racing Series 2017**

**Sailing Instructions**

**1. RULES**

- 1.1 The Series will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Appendix V (Alternative Penalties) is in effect.
- 1.3 All registrants are registered and scored by sail number. If a sail number is changed, the Race Committee (RC) must be notified prior to the RC leaving the dock.

**2. CHANGES TO SAILING INSTRUCTIONS AND NOTICE TO COMPETITORS**

- 2.1 Changes to the Sailing Instructions and Notice to Competitors will be posted on the FBYC Notice Board located in the hallway of the Essex YC no later than 10am the day they take effect. Any announcements will be made at the launching area.

**3. SCHEDULE OF RACES**

- 3.1 The First Warning will be at 1pm. No races will be started after 3:30pm.
- 3.2 Races are every Sunday from October 8<sup>th</sup> to December 3<sup>rd</sup>, 2017.

**4. CLASS SHAPES**

- 4.1 Class shapes are: Etchells-White, Ideal 18-Blue, JY 15-Yellow, Laser-Red, 420-Orange

**5. COURSES**

- 5.1 See Addendum #1 for Course Diagrams and Descriptions.
- 5.2 While racing, the Start and Finish Lines are closed unless starting or finishing.
- 5.3 The Essex Mooring fields and Fairway channels, designated by Yellow Cans, ARE considered an obstruction. This will be lifted on November 5<sup>th</sup>, 2017.

**6. MARKS**

- 6.1 Primary rounding marks will be yellow inflatables.
- 6.2 The Alternate Windward Mark will be a buoy with an Orange inflatable. An Orange Placard with "A" will be displayed on the Course Board when in effect.
- 6.3 The Starting Mark will be an Inflatable Orange tomato (shape). The Finish Mark for the Laser, JY 15 and Ideal 18 classes will be a Red Ball. The finish mark for the Etchells will be between the Red Finish Ball and a Yellow Ball placed outside of the Red Finish Ball.
- 6.4 Etchells will use special marks that are a Yellow Inflatable Cylinder and/or an Orange Buoy. If both marks are to be used, a "W" will be added to the Course Board.

**7. START**

- 7.1 Races will be started by using the US Sailing Appendix U Sound Signal Starting System.
- 7.2 A minimum of three boats are required for a start.
- 7.3 The Starting line will be between a staff with a White Flag on the Race Committee Boat and the Starting Buoy.
- 7.4 RRS 29.2 has been modified: The RC may select another class to start at their discretion.
- 7.5 Non racing boats shall avoid the starting area. See Rule 24.1 and 60.2 (a).

## **8. FINISH**

- 8.1 The Finish for the Laser, JY 15 and Ideal 18 classes will be between a staff with an Orange Flag and the Orange Finish Mark. The finish for the Etchells will be between the same flag and the Yellow Finish Mark. Etchells may not pass between the Committee Boat and the Orange Finish Mark.
- 8.2 RRS 35 has been modified: The RC may award any last place boats in each class their positions to expedite starts.

## **9. PENALTY SYSTEM**

- 9.1 RRS 61.1(a) is modified: Etchells and Ideal 18s are required to fly protest flags.

## **10. TIME LIMITS**

- 10.1 The time limit for each race is 45 minutes.
- 10.2 Boats failing to finish within 30 minutes of the first finisher will be scored TLE.
- 10.3 RRS A11 is modified: TLE equal to number of finishers plus 1.

## **11. PROTESTS AND REQUEST FOR REDRESS**

- 11.1 Protest forms must be submitted to the Race Committee scoring table located in the Essex Yacht Club within 30 minutes after the Race Committee boat docks.
- 11.2 Appendix T - "Alternative Procedures for Dispute Resolution" Section D "Arbitration" will be implemented.

## **12. SCORING**

- 12.1 RRS A9 is in effect.
- 12.2 There will be one throw out for every four races sailed. No throw outs for daily scoring.

## **13. SAFETY REGULATIONS**

- 13.1 All sailors are required to wear a zipped or tied Coast Guard approved PFD while on the water. Inflatable vests are not permitted.
- 13.2 Beginning November 5<sup>th</sup>, Laser and JY sailors are required to wear a full torso wet or dry suit.
- 13.3 Etchells and Ideal 18's are required to carry an anchor and a working VHF radio set to channel 69.
- 13.4 All boats are required to grant right of way to commercial traffic.
- 13.5 All boats are required to check in and check out every time they enter or exit the Racing Venue. Sailors are required to notify RC or Crash Boat or EYC when withdrawing.
- 13.6 RRS A5 is modified: Any boat failing a safety directive of the RC and Crash Boats may receive a DSQ for the day.
- 13.7 In the event of an abandonment, all boats are required to leave the river and standby at the docks to await further instructions. This modifies Racing Rules Signal Flags.

## **14. PRIZES**

- 14.1 Daily prizes will be awarded daily and Series Prizes will be awarded at the end of the Series.

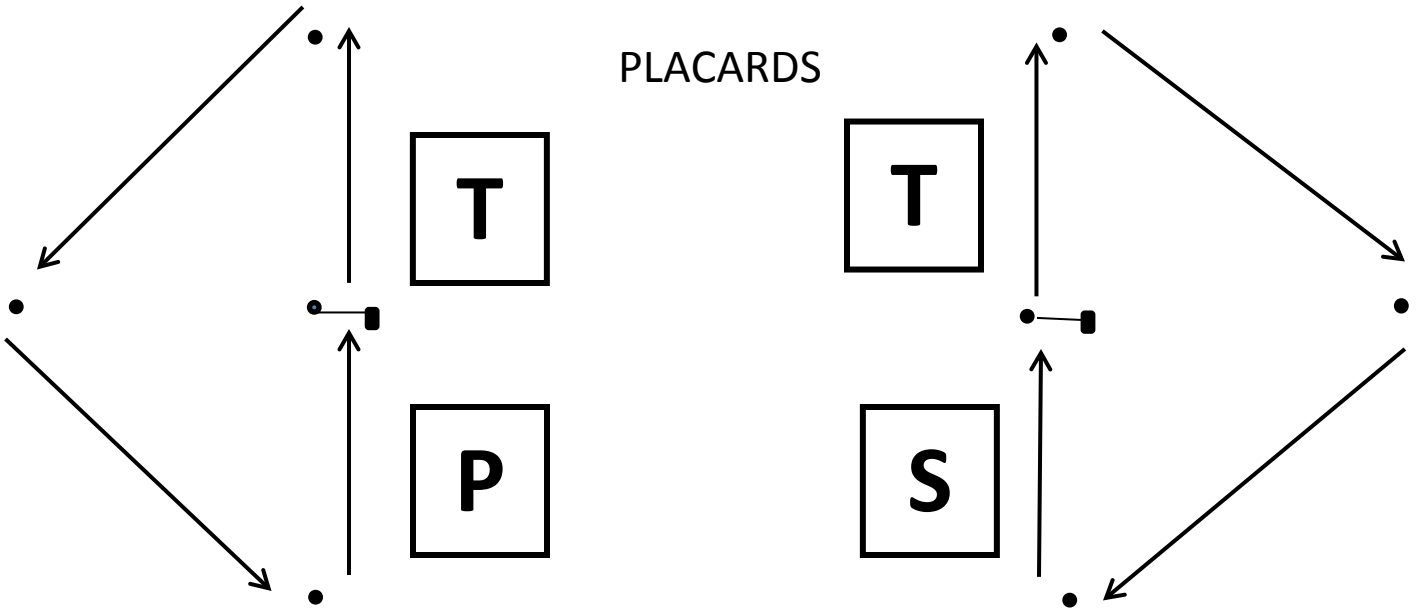
LASER's, IDEAL 18's, JY 15's, 420's

TRIANGLE COURSES

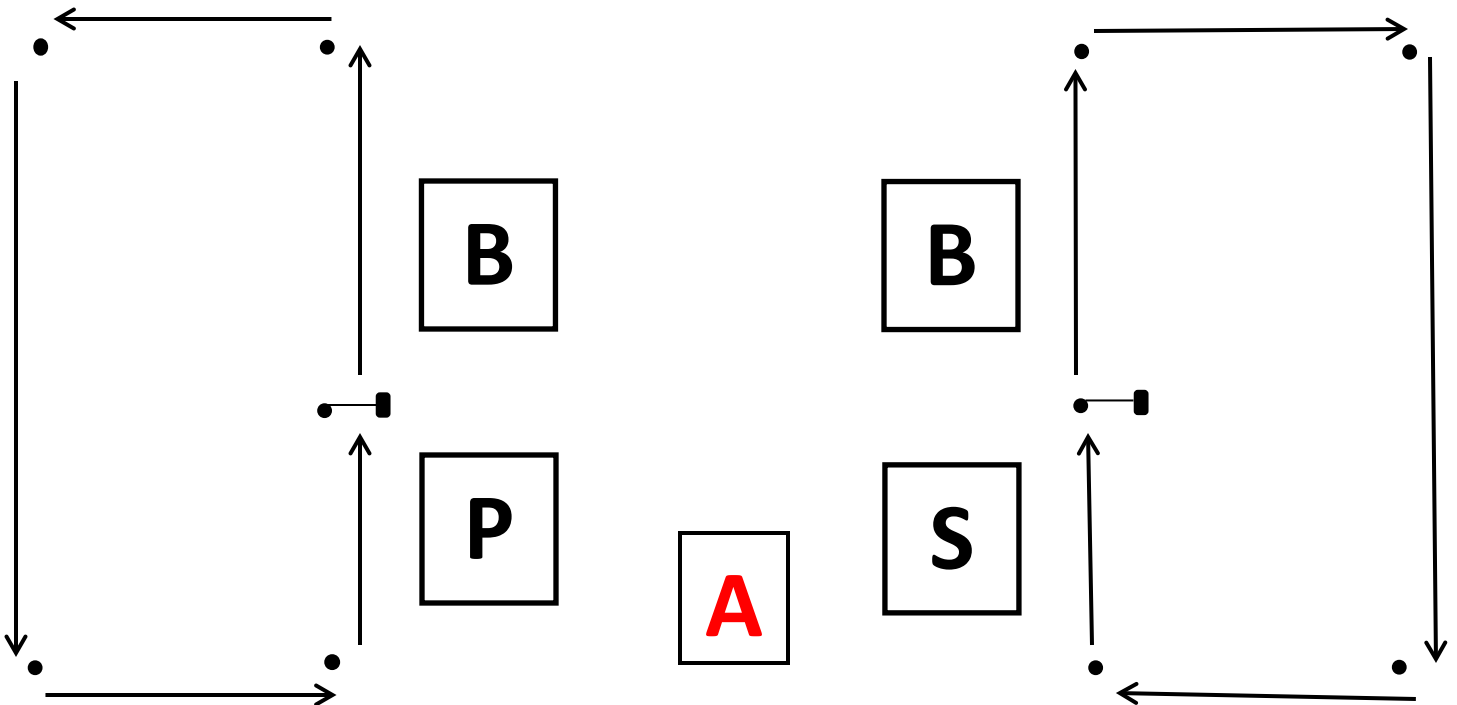
WIND



PLACARDS



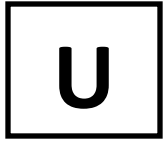
BOX COURSES



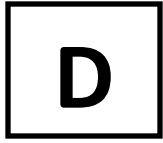
ALTERNATE WINDWARD  
All Courses

**ETCHELLS COURSES**

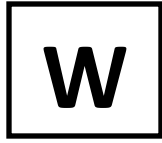
PLACARDS:



**Mark Located  
Upriver**



**Mark Located  
Downriver**



**Windward Mark**



**Alternate  
Windward  
Mark**

- All Courses are Windward/Leeward or Modified Windward/Leeward
- All Rounding Marks are ALWAYS left to PORT 