

# Third Annual Regatta for Research: Racing for Women's Health

October 30-31, 2004 Essex, Connecticut

By David Fasulo

Over 200 sailors and guests throughout New England joined together on October 30 - 31 to race for women's health at the Essex Yacht Club and successfully raising over \$40,000 with pledges continuing to come in to support *Women's Health Research at Yale*.

Sponsored in conjunction with the Frostbite Yacht Club and the Connecticut River Squadron, Inc., over 50 boats fiercely competed for prizes including an Omega Seamaster watch. Boat classes included Optimist, Laser, Blue Jay, JY 15, Club 420 and Etchells. In conjunction with awards for the various classes, JY15s also competed for the State Championship. The regatta chair, Claire "Vicky" Wiseman, did an outstanding job rallying the competitors and organizing the events. "The level of competition was outstanding and we hope to have many more sailors join us next year!" said Vicky.

The two-day event began with a 'kick off' reception hosted by Lenox Jewelers of Fairfield.

The conditions on Saturday were fair. Light wind and a steady drizzle kept the smaller boats from achieving top speeds, and seemed to favor the tactician who best negotiated the river's currents and found the wind. While skilled sailors were abundant, some were obviously new to racing.

Johnny Amendola



Chick Poindexter, David Dyson & Brian Siewar



Regardless of ability, all sailors were made to feel welcome and enjoyed sailing for a good cause.

Channel 8's Jocelyn Maminta was the master of ceremony for the Saturday evening party "An Evening in Essex," which included dinner, a live auction and dancing. Whether a veteran swing dancer, or new to the dance floor, it was easy to share in the enthusiasm of the sailors and their guests. Keynote speaker Carolyn M. Mazure, Ph.D., Professor of Psychiatry and Director of

Tiffany Skinner & Laurel Gaudet



Women's Health Research at Yale, spoke about the critical need to advance health research on women and gender-specific factors in the treatment of disease and health.

Women's Health Research at Yale is an interdisciplinary research program that generates innovative studies in women's health, and is committed to the rapid translation of scientific findings into practical benefits. A pivotal goal is to communicate health information, derived through research, to the medical/scientific community and the general public. For additional information, call the program office at (203) 764-6600, or visit the web site at [www.yalewhr.org](http://www.yalewhr.org).

Clear skies, a steady wind with gusts of up to thirty knots, and peak foliage along the riverfront made for an exciting day of sailing on Sunday. According to Chris Marrs, "It was the fastest I have ever sailed in a Blue Jay. The hull was planing and we were really moving along."

The crash boats were busy with capsizes, turtle boats, [www.windcheckdis.com](http://www.windcheckdis.com)



Oldak and Michael Gershenson



and a broken mast. Consistent wind, and a well-organized race committee, allowed for eight races that day. The skippers of the Lasers, looking worn-out after single-handing for three hours in the strong wind, looked relieved when they were informed the racing was finished for the day.

The idyllic backdrop of the lower Connecticut River, and the good-natured atmosphere of the fundraising event, made this regatta a great success." ING, Omega, Lenox Jewelers, and American Express were the generous supporters of the 2004 Regatta for Research.

Jocelyn Maminta and representatives from Omega and Lenox Jewelers presented prizes and trophies on Sunday afternoon. ♦

#### Etchells

1st Tom Lee  
2nd Toby Doyle  
3rd Chuck Poindexter

#### Laser

1st Ken Luczynski  
2nd David Frasier  
3rd Greg Orkney

#### Blue Jay

1st Chris Marrs  
2nd Ed Birch  
3rd Pierre Boulanger

#### JY15

1st Chris Doyle  
2nd Prescott Littlefield  
3rd Jeff Morgan

#### Club 420

1st Nathan Fast  
2nd Clark Hayes  
3rd Alex Millbanks

#### Optis

1st Charlie Fayal  
2nd Logan Floyd  
3rd John Amendola

